Community Music School of Springfield offers several programs that are suitable for learners with higher support needs including autism, developmental disabilities, and more. This chart and the descriptions below clarify our various offerings so you can choose the one that best fits your or your child's needs, or reach out to us and we'll help you!

Offering	**Music Therapy**	**Create & Connect**	**Music Exploration**	**Little Notes / Little Notes + Art Lab**	**Adaptive Music Lessons**
Format	1:1 (all ages)	Group classes (ages 3 - 11)	Group class or 1:1 (ages 4 - 6)	Group class (birth – 3 or 4)	1:1 (age 5 and up)
Instructor	Board certified music therapist	Music educator*	Music educator*	Music educator*	Music educator*
Schedule	Mutually available weekly time	Saturday mornings	Group classes: Mondays 4:30-5:15 pm (4-6 year olds) & Wednesdays 4:35-5:20 pm (7-8 year olds) 1:1s at mutually available weekly time	Wednesdays 4-4:45 pm & Mondays 4-5pm with Art Lab	Mutually available weekly time
Goals	Joy and growth in non-musical areas	Musical exploration, growth and joy	Musical exploration, growth and joy	Musical exploration, growth and joy	Music performance, growth and joy
Cost **(Financial aid available for all offerings)**	$120 per session	Free	$525 per year	$150-$225 per quarter	30-minute lesson: $50 45-minute lesson: $75 60-minute lesson: $100

* These offerings may be taught by a music therapist depending on staff availability, but they are not designated as requiring a board certified music therapist for instruction.

- Music therapy at CMSS is conducted in a one-on-one setting with a board certified music therapist. Our music therapy staff include native speakers of English, Spanish, and Tagalog. MT participants may engage in playing instruments, singing or vocalizing, responding to music, and more. Music therapy is charged at $120 per session (typically 1 hour) with financial assistance available. Click here to submit an inquiry form.
- Create & Connect is a free general music class run by the staff of CMSS' Adaptive Music Program (AMP). This class is specially planned for children with disabilities and their caregivers, who are active participants. These classes take place on Saturday mornings 10-10:40 (ages 3-5), 10:45-11:25 (ages 6-7) and 11:30-12:15 (ages 8-11). To enroll, email AMP Director Hannah Berube (hberube@communitymusicschool.com).
- Music Exploration is a weekly general music class designed specifically for students four to six years old to learn, play, and explore on classroom instruments to develop fundamental skills that will set them up for life-long musical success. It is open to children of all needs and developmental levels and is led by music therapist Sarah Soller-Mihlek. It takes place on Mondays, 4:30-5:15 pm and the cost is $525 per school year. Register online.
- Little Notes is a weekly general music class for infants and toddlers and their caregivers, and can accommodate children up to age 4 when developmentally appropriate to the individual. This class currently takes place on Wednesdays, 4-4:45 pm, and costs $160-$180 per quarter. Register online.
- Adaptive music lessons are weekly one-on-one sessions with an experienced Teaching Artist who is trained in neurodivergence affirmation, and creative accommodation and adaptation of conventional instrument performance and instruction. For starting out, piano is the most common instrument for adaptive private lessons. This type of instruction is more focused on instrumental performance than the above offerings, which involve a wider range of experiential learning. Adaptive music lessons are charged at CMSS' private lesson tuition rate of $50 for 30 minutes, $75 for 45-minutes, and $100 for 60 minutes. To learn more, email AMP Director Hannah Berube (hberube@communitymusicschool.com).